

Mi HaIsh

Performed by Milot HaNefesh

Mi ha-ish he-chafeitz chayim
Ohev yamim lirot tov.
N'tzur l'shon'cha merirah
Us'fatecha midabeir mir'mah.

מי האיש החפץ חיים
אהב ימים לראות טוב.
נצר לשונך מרע
ושפתך מדבר מרמה.

Sur meirah va-a-sei tov
Bakeish shalom v'radfeihu.
Einei Hashem el-tzadikim
V'oznav el shav-atam.

סור מרע ועשה-טוב
בקש שלום ורדפהו.
עיני ה' אל-צדיקים
ואזנו אל שועתם.

Podeh Hashem nefesh avadav
V'lo ye-esh'mu kol-ha-chosim bo.

פדה ה' נפש עבדיו
ולא יאשמו כל-החוסים בו.

(translation)

Who is the one that desires life, and loves days,
That they may see the good therein?
Keep your tongue from evil, and your lips from speaking guile.

Depart from evil, and do good; seek peace and pursue it.
The eyes of God are toward the righteous,
And God's ears are open to their cry.

God redeems the soul of God's servants;
And none of them that take refuge in God shall be desolate.

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From the album "Words of the Soul"

Music by David Ross

Lyrics traditional (Psalms 34:13-16, 23)

Arranged and produced by Milot HaNefesh and Sam Glaser

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