

Mi Shebeirach

by Debbie Friedman

Mi shebeirach avoteinu
M'kor habracha l'imoteinu

May the source of strength who blessed the ones before us,
Help us find the courage to make our lives a blessing
And let us say: Amen.

Mi shebeirach imoteinu
M'kor habracha l'avoteinu

Bless those in need of healing with *refuah sh'leimah*
The renewal of body, the renewal of spirit
And let us say: Amen

Words and music by Debbie Friedman, The Farf Music, ASCAP